



# I-PACE PROGRAM

## PHYSIOMATES - AUSTRALIAN COUNCIL EXAM PREPARATION PROGRAM



[www.physiomates.com.au](http://www.physiomates.com.au)  
+61 466666542



## **WELCOME TO I-PACE**

The I-PACE Program by Physiomates is a premium, transformation-focused pathway designed for Indian-trained physiotherapists who require deeper clinical, communication, and professional development to successfully transition into Australian and global physiotherapy practice.

I-PACE supports physiotherapists who need more than exam preparation - those who require advanced clinical reasoning, independent practice readiness, and full professional integration.

***I-PACE is not just about passing APC exams. It is about becoming a confident, globally competent physiotherapist***

### **Why This Program Exists**

Most international exam-preparation courses focus only on what to study.

I-PACE was created to address something deeper: Many Indian physiotherapists do not fail APC exams due to lack of knowledge - they struggle because they have not been trained to think, speak, and practise the way Australian and global systems expect.

I-PACE exists to close this gap.

It was ***intentionally*** designed for Indian physiotherapists who:

- Know physiotherapy concepts but struggle to express clinical reasoning in English
- Can treat patients but lack exposure to generalist and independent practice models
- Find it difficult to verbalise decision-making during exams and clinical discussions
- Feel unprepared for the professional expectations of Australian healthcare settings

***This is why I-PACE is not positioned as a course - it is a clinical transformation pathway.***

## **Program Positioning.**

I-PACE is positioned as a premium, comprehensive, and highly structured pathway designed for Indian physiotherapists seeking true clinical and professional transformation.

It is an outcome-driven, mentor-led program that offers a high-touch learning experience with personalised guidance at every stage. Unlike standard exam preparation courses, I-PACE focuses on developing independent clinical reasoning, professional communication, and global practice readiness.

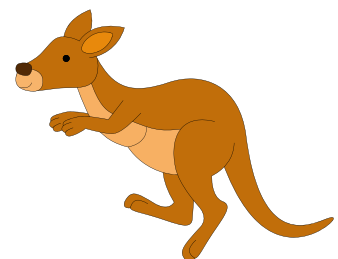
***I-PACE prepares you to practise internationally - not just pass an exam***

## **Program Duration : 5 months**

- APC Written Assessment - **3 Months**
- APC Capability (Clinical) Assessment - **2 Months**

## **What I-PACE Includes**

- 60 hours of recorded academic and clinical lectures
- Full preparation for APC Written & Capability Assessments
- Eligibility assessment and documentation support for APEP
- Exclusive mentoring with elite Physiomates instructors
- Resume (CV) creation aligned with Australian standards
- Support connecting top-performing candidates with employers in Australia
- High-touch academic, clinical, and professional guidance





## **Exam Preparation & Advanced Clinical Reasoning**

### ***(5-Month Program)***

This stage integrates exam preparation with deep clinical reasoning development, ensuring candidates are prepared for both APC assessments and independent clinical practice.

### **Advanced Clinical Reasoning Frameworks**

Participants are trained using structured, repeatable frameworks covering:

- Assessment → Evaluation → Reasoning → Management
- Musculoskeletal (MSK) Physiotherapy
- Neurological Physiotherapy
- Respiratory / Cardiorespiratory Physiotherapy
- Acute and hospital-based clinical cases
- Global-standard case presentation styles

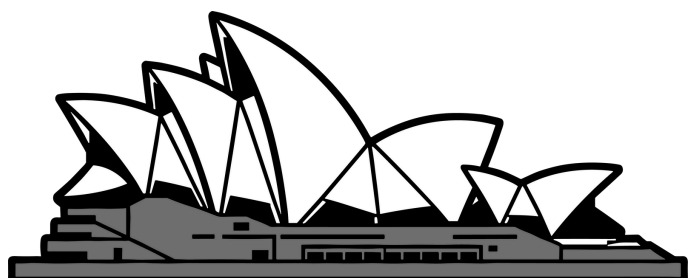
### **Stage 1: APC Written Assessment Preparation**

#### ***(3-Month Program)***

The APC Written Assessment is the first step in the APEP pathway. It assesses your clinical reasoning, decision-making, and evidence-based practice across key physiotherapy domains within the context of Australian healthcare standards.

### **Program Overview**

- **Duration:** 3 months
- **Delivery:** 100% online (live, interactive webinars)
- **Start Date:** March (exact date confirmed upon enrolment)
- **Current Status:** September intake currently running; March enrolments open
- **Weekly Live Webinars:** Wednesdays, 8:00 PM AEST (tentative)



## **Core Curriculum Coverage**

APC Written Exam structure and Australian standards overview

- Cardiorespiratory Physiotherapy
- Neurological Physiotherapy
- Orthopaedic Physiotherapy
- Men's Health, Women's Health, and Paediatrics
- Case-based clinical reasoning and core content reviews
- Exam strategy: MCQs, time management, and structured reasoning

All teaching is fully aligned with APC expectations, Australian clinical guidelines, and professional reasoning frameworks, with contextual explanations specifically designed for Indian-trained physiotherapists

## **What You'll Gain – Written Exam**

- Confidence in applying APC clinical domains
- Improved clinical decision-making through case-based MCQs
- Alignment with Australian clinical guidelines and reasoning models
- Structured pre-session learning resources
- Full-length mock written exam with review and discussion
- Immediate access to curated study materials upon enrolment



## **Stage 2: APC Capability Assessment (Clinical) Preparation**

### **(8- Weeks Program)**

The APC Capability Assessment is the second stage of the APEP pathway. It evaluates your clinical skills, applied reasoning, communication, and professional behaviour through practical, case-based tasks.

This stage prepares you to perform confidently in a simulated Australian clinical exam environment, with expectations clearly explained for Indian physiotherapists transitioning into Australian practice

### **Course Details**

- **Duration:** 8 weeks
- **Format:** 3 live sessions per week

### **Learning Resources**

- 6 months of full access to Clinical Exam Preparation Learning Resources

### **What You'll Gain – Clinical Exam**

- Exam-aligned curriculum focused on APC Capability Assessment requirements.
- Interactive learning through live demonstrations and case-based discussions.
- Applied clinical reasoning aligned with Australian standards.
- Mock capability assessments in a simulated exam environment.
- Personalised feedback to identify weak areas and improve performance.





## **Academic Content & Learning Resources**

I-PACE includes 35 hours of recorded academic and clinical lectures from the Advancing MSK Clinical Mentoring Program, covering:

- Clinical reasoning development
- Clinical documentation aligned with Australian standards
- Core clinical conditions across major domains
- Generalist physiotherapy practice expectations
- Australian healthcare culture and workplace communication
- Standardised physiotherapy practices used in Australia

## **Personalised Mentoring & Elite Instructor Access**

*Participants receive exclusive, high-touch mentoring throughout the program:*

- *Structured mentoring with elite Physiomates course instructors*
- *Continuous academic and clinical feedback*
- *Guidance tailored to individual weaknesses and goals*

*Mentoring ensures candidates are not only exam-ready, but clinically confident and professionally prepared*

## **Eligibility, Documentation & Career Support**

*As part of the I-PACE Program, participants receive:*

- *Eligibility assessment support for the APC APEP pathway*
- *Guidance with APEP documentation and application processes*
- *Australian-standard resume (CV) creation support*
- *Assistance in connecting top-performing candidates with employers in Australia*

***This ensures a complete transition pathway - from eligibility to employment readiness!***



## **Learning Objectives**

By the end of the I-PACE Program, participants will be able to:

- Communicate clinical reasoning confidently in English
- Apply advanced clinical reasoning across major physiotherapy domains
- Perform effectively in APC Written and Capability Assessments
- Demonstrate independent practitioner-level decision-making
- Present cases using global-standard clinical frameworks
- Navigate APC eligibility, documentation, and exam processes clearly
- Demonstrate readiness for Australian and international physiotherapy practice

## **Learning Outcomes**

*On completion of the program, participants will:*

- *Demonstrate strong clinical English and professional communication skills*
- *Apply Australian and global physiotherapy practice standards*
- *Perform confidently in written and clinical exam environments*
- *Function effectively as generalist physiotherapists*
- *Transition into Australian physiotherapy practice with academic, clinical, and career support*

## **Why Choose I-PACE**

*By enrolling in I-PACE, you receive:*

- *Physiomates' most comprehensive Indian-focused program*
- *35 hours of in-depth academic and clinical learning*
- *Premium mentoring and personalised guidance*
- *Exam preparation plus full clinical transformation*
- *Career-oriented support beyond exam success*



## Our Commitment

Physiomates is committed to transforming Indian physiotherapists into confident, globally competent clinicians.

With I-PACE, you are not navigating exams alone - you are preparing for long-term international clinical success. We don't just help you pass.

***We help you practise - anywhere in the world!***



## CONTACT US

[www.physiomates.com.au](http://www.physiomates.com.au)  
+61466 666 542  
[Info@physiomates.com.au](mailto:Info@physiomates.com.au)